

Ruins to Reefs: Sustainable Ecosystems

Draft Itinerary

January 7-15, 2018

EMERGENCY CONTACT INFORMATION

<p>U.S. Embassy in Belize Floral Park Road Belmopan, Cayo 501 822-4011 501-610-5030 after normal business hours</p> <p>Emergency Assistance Number in Belize 911</p>	<p>Adelphi Public Safety (available 24/hours) (516) 877-3511</p> <p>Center for International Education (516) 877-3487 cie@adelphi.edu</p>
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FACULTY CONTACT INFORMATION

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LODGING

Western Guesthouse

54 Burns Avenue San Ignacio Cayo District Belize Central America
<http://www.westernguesthousebelize.com>
 telephone (501)-824-2572

Monkey Bay Wildlife Sanctuary/ Tobacco Caye

<https://www.monkeybaybelize.com/home>
 P.O. Box 270 Belmopan, BELIZE Central America
info@belizestudyabroad.net
www.BelizeStudyAbroad.net
 BZE +501.822.8032

Nuuk Cheil Cottages

Maya Center Stann Creek District, BELIZE Central America
<http://nuukcheilcottages.com/>

MEALS

Students will pay for their own breakfast and dinner at Western Guesthouse. All other meals are included in tours (lunches) or at the facility. Many options are available in San Ignacio which makes it an educational experience for the student as well.

Clarify which meals are included or not included

DAILY SCHEDULE

Jan 7 (Sunday)

TBD	Depart USA
2:30pm	Arrive in Belize City; transfer to San Ignacio
Dinner	Students eat dinner on their own
Evening	Orientation and overview of the temples (1 hour) in Western Greenhouse lounge

Jan 8 (Monday)

Breakfast on own	
8:30am	Depart for Xunantunich Temple and Cahel Pech. <i>Lunch included</i>
3:30pm	Return to hotel
Dinner	Students eat dinner on own
Evening	Orientation and overview of the caves (1 hour) in Western Greenhouse lounge

Jan 9 (Tuesday)

Breakfast on own	
8:30am	Depart for ATM caves
3:30pm	Return to hotel
Dinner	Students eat dinner on own
Evening	Orientation and overview of the rainforest (1 hour) in Western Greenhouse lounge

Jan 10 (Wednesday)

Breakfast on own	pack
8:30am	Depart for Monkey Bay (William Hoffman)
Morning	Orientation and overview of the ecosystems on trail (1.5 hours)
Lunch	Visit zoo
Dinner	TBD
Evening	Night feeding at zoo

Jan 11 (Thursday)

Morning	Overview of the ecosystems in classroom (1 hour)
9:30am	Leave for Maya Center; arrive ~11; medicinal tour
Lunch	Students each lunch on their own.
1:30pm	Chocolate making and Scarlet Macaws
Evening	Lecture; discussion with Mr. Saqui

Jan 12 (Friday)

8:30am	Leave for Jaguar Preserve
3:00pm	Return; tortilla making
after dinner	Mayan nature ceremony

Jan 13 (Saturday)

after breakfast	Transfer to Dangriga and boat to Tobacco Caye
After lunch	Snorkel mangroves and bird island (1/2 day)
Evening	Lecture in classroom

Jan 14 (Sunday)

After breakfast	Lecture in classroom (1 hour) depart for snorkel; picnic
Evening	Lecture in classroom

Jan 15 (Sunday)

after breakfast

Lecture in classroom (1 hour) depart for land

12:00pm

Transfer to airport for 12:30 flight to Belize City and 3:30 flight home
