

## Traditional Chinese Medicine & The Chinese Healthcare System Itinerary January 1-17, 2018

### EMERGENCY CONTACT INFORMATION

<p><b>U.S. Embassy in Beijing</b>          55 Anjialou Rd, SanYuan Qiao,          Chaoyang Qu, Beijing Shi, China          +86 10 8531 3000</p> <p><b>Emergency Assistance Number in China</b>          Police: 110            Ambulance: 120          Fire: 119              Traffic Police: 122</p> <p><b>Jinan University Contacts</b>  <b>TBD:</b>  <b>Ms. Cheng Xiong</b>  <b>Email: <a href="mailto:315457113@qq.com">315457113@qq.com</a></b></p> <p><b>Dr. Tian</b>  <b>Phone: 1 35 1271 6484</b></p>	<p><b>Adelphi Public Safety</b> (available 24/hours)          1 (516) 877-6870</p> <p><b>Center for International Education</b>          (516) 877-3487          cie@adelphi.edu</p>
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### FACULTY CONTACT INFORMATION

<p><b>Jane White</b>          Associate Dean and Professor          College of Nursing &amp; Public Health  <b>U.S. cell phone:</b>          white@adelphi.edu</p>	<p><b>Anne Peirce</b>          Professor, College of Nursing &amp; Public Health  <b>U.S. cell phone:</b>          peirce@adelphi.edu</p>
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### LODGING & MEALS

**Hotel of Foreign Expert at Jinan University**  
 601 Huangpu W Ave, Tianhe, Guangzhou, Guangdong, China

**Rainbow Hotel**  
 Beijing No. 11 Xijing Road, Xuanwu District, Beijing  
[website](#)  
 Tel: 010-6312266-152

In Guangzhou, students are responsible for all meals, unless otherwise indicated on the itinerary. Students have access to a grocery store and restaurants nearby.

In Beijing, all meals are covered except for the final day, on which you are responsible for lunch and dinner. Many of the menus will be set and include 2-3 choices and a beverage. Any additional food will be at the students' own expense

## DAILY SCHEDULE

### Monday, January 1

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**TBD**

#### **Recommended Flight TBD**

Students are responsible for booking their own flights (which includes the flight from Guangzhou to Beijing) and for transportation to and from the U.S.-based airport. The two faculty leaders have booked the above flight. Airport transfers are provided. You must arrive at the designated time for pick up.

### Tuesday, January 2

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**TBD**

#### **Recommended Flight Arrives in Guangzhou, Baiyun Airport (CAN)**

5:00pm

Airport Transfer to Jinan University

7:30pm

Welcome Group dinner

### Wednesday, January 3

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Breakfast

Students eat breakfast on their own.  
*It is recommended that students bring breakfast food from home for the first day. There is a bakery nearby.*

8:00am

Meet in hotel lobby for tour of campus with professors

Lunch

Students eat lunch on their own.

1:00pm

Courses Begin

### Thursday, January 4 – Saturday, January 6

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Students attend classes at Jinan University. Students eat meals on their own.

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## Sunday, January 7 - Group Daytrip to Guangzhou

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TBD	Meet in Hotel Lobby to take bus to Guangzhou
Morning	Tour of Guangzhou
Lunch	Group Lunch <i>Meal included in the program cost</i>
Afternoon	Explore Guangzhou
TBD	Take bus back to Jinan University
Dinner	Students are on their own for dinner

## Monday, January 8 - Friday, January 12

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Classes at Jinan University

## Saturday, January 13

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Day	Final day of classes
TBD	Closing Group Dinner <i>Meal included in the program cost</i>

## Sunday, January 14

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TBD	<b>Recommended Flight TBD</b> **Please note that students must book this leg of the flight when they book their international ticket. Do this by selecting the "multi-city" option.
11:15 am	Flight Arrives Beijing (PEK)
12:00 pm	Airport Transfer to Hotel Rainbow
	Rainbow Hotel Beijing No. 11 Xijing Road, Xuanwu District, Beijing <a href="http://www.rainbowhotel.com.cn/">http://www.rainbowhotel.com.cn/</a> Tel: 010-6312266-152
2pm	Group Lunch
3pm-6pm	Shopping Wangfujing Street and Pearl Market
6pm	Group Dinner

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## Monday, January 15

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Breakfast	Complimentary hotel breakfast in lobby
9:00am	Depart hotel for full day tour including, Tiananmen Square, Forbidden Palace, Hutong tour. Lunch and Dinner
Dinner	Peking Duck Dinner

## Tuesday, January 16

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Breakfast	Complimentary hotel breakfast in lobby
FREE DAY IN BEIJING	Students are free to set up their own sightseeing activities. Lunch and dinner are on your own.
2:00pm	<b>Meet in hotel lobby for airport transport</b>
	<b>Have your bags packed and be checked out of your hotel room.</b> (This time is subject to change.)

## Wednesday, January 17

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### FREE Day in Beijing

TBD	<b>Recommended Flight from Beijing to USA TBD</b> Students are responsible for booking their own flights and for transportation to and from the U.S.-based airport. The two faculty leaders have booked the above flight. Airport transfers are provided. You must arrive at the designated time for pick up.
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