

PMH 505: Multi-Cultural Issues In Counseling
Adelphi University
Summer Course (3 Credits)
Locations: Garden City, NY Orvieto, Italy &
Università degli Studi di Roma “La Sapienza”
April 20th & May 27th NY
June 30 thru July 14 2017 Italy

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PURPOSE

“Travel is fatal to prejudice, bigotry and narrow mindedness, and many of our people need it sorely on these accounts. Broad, wholesome, charitable views of others and things cannot be acquired by vegetating in one little corner of the Earth all one’s lifetime” Mark Twain

This course covers multicultural issues in counseling and psychology. Topics include the review of empirically derived and supported approaches to intervention with American racial and ethnic minorities and other historically oppressed and marginalized groups. Clinical cases will also cover issues with working with international populations and sexual minorities. The content is learned through reading a book, analyzing clinical cases, class lectures and exercises, and group discussions. The experiential field experience in Orvieto Italy safely exposes students to a totally novel learning environment that promotes learning, awareness, and cultural self-analysis. Lectures, case conference, and meeting with students and faculty at La Sapienza University in Rome will provide education and training in counseling and psychology from an international perspective. Contact with a new culture in a different language and setting facilitates reflection on the power of culture, history, tradition, and language in psychological development and behavior.

OBJECTIVES

To provide students with:

1. a critical analysis of the cultural determinants imbedded in current psychological theory
2. Knowledge and critique of current approaches to assessment and intervention with minority and historically marginalized populations.
3. Knowledge and beginning competence in working with racial and ethnic minority persons in the U.S.
4. Knowledge, critique and sensitivity to factors such as poverty, social justice, power, privilege, and language differences.
5. class activities that might promote self-analysis, personal-cultural awareness, sensitivity to others' perspectives and realities, and clinical practice-related skills
6. didactic and experiential activities in a foreign university with European faculty and students to learn about psychology in a different country and continent that provides a rich international perspective.
7. Pre and post institute assignments that promote reading, reflection, critical analysis, and application of theory to clinical cases.

INSTITUTE EXPECTATIONS AND ASSIGNMENTS

1. **Participation and Attendance:** Attendance is a vital part of understanding the institute content and fulfillment of its objective; students are expected to attend all the scheduled classes.
2. **Standards:** As students at Adelphi University (AU), the highest personal and professional standards, which reflect the objectives of AU are expected. The expectation is that your assignments will be characterized by academic integrity and honesty. You are encouraged to become familiar with AU's policy on academic integrity and due process procedures, and with the policies, rules, and procedures of Adelphi's Center for International Education. You are also expected to behave professionally, in accordance with the laws of the host country, and to always represent our University in Italy with the highest level of class and integrity.
3. **Prior** to the institute, you will be given this syllabus and directed to rent/buy 2 books. You are expected to read prior to the institute and to submit to Dr. Fuertes' office (319 Weinberg) by June 26th 5pm. paper copies of **eleven, 2-page "reaction papers"** assigned at the first meeting of the class. Late papers will not any receive credit (see grade distribution below.) We will discuss the readings and your reaction papers in Orvieto Italy, and your input from the readings will greatly enhance the conversation. Please bring a copy of these reaction papers to Orvieto Italy. These reflection papers should summarize the points that you find most interesting, important, or controversial and that you would like to discuss as part of class.

4. After the course, you are expected to write a **10-pg. paper (APA style)** in which you apply the most relevant and compelling content from the readings and class discussions and activities to a clinical case. Please note that you must reference an additional 5 sources from the bibliography below or 5 sources from your specialty area. This paper is due by August 10th. Late papers will not be accepted.

GRADES: Reaction papers, 5 pts each, (55 points total), Class Participation & Discussion (15 points) and the application paper is 30 pts. **Grades:** A+, 97-100; A, 92-96, A- 89-91, B+ 86-88, B 83-85, B- 79-82. C70-78.

Books

Required Texts:

Hall, G.C. Nagayama (2012). Multicultural Psychology (2nd Ed.). Prentice Hall. RP's for Chapters 1, 6,7,8,9.

Hayes, P.A. (2016). Addressing Cultural Complexities in Practice. Assessment, Diagnosis, and Therapy (3rd Ed). American Psychological Association. RP's for Chapters 1, 2, 3 (no RP), 4,5,6, and 10.

Additional Biography

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- Fuertes, J.N., & Costa, C., Mueller, L., & Hersh, M. (2004). Process and outcome psychotherapy research from a cultural-racial perspective (pp. 256-276). In R. Carter (Ed.) *Handbook of Racial-Cultural Psychology and Counseling (Volume 1)*. New York: Wiley.
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