

ADELPHI UNIVERSITY
COLLEGE OF NURSING AND PUBLIC HEALTH
Bachelor of Science in Nursing Program

NUR 0302-209

Culture, Health and Healing in Botswana Africa

COURSE SYLLABUS

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COLLEGE OF NURSING AND PUBLIC HEALTH**COURSE OVERVIEW**

COURSE NUMBER:	NUR 0302-209
COURSE TITLE:	Culture, Health and Healing in Botswana, Africa
CREDIT HOURS:	2 Credits
SEMESTER/YEAR:	January 2018
FACULTY:	Ditsapelo M. McFarland, PhD, RN, RM Associate Professor of Nursing
FACULTY:	Clarilee Hauser, PhD, RN Visiting Assistant Professor of Nursing
FACULTY:	Margaret Silver, RN, M.Ed, NP Associate Professor of Nursing
PRE-REQUISITE (S):	NONE (open to entire University)
CO-REQUISITES:	NONE

COURSE DESCRIPTION:

Students travel to Botswana and explore cultural factors impacting health and healing, such as education, socioeconomic conditions and healthcare policies of the country during a service experience. Students will work collaboratively with NGOs (non-government organizations) to learn about Botswana culture and interact with local residents in diverse settings.

COURSE OBJECTIVES:

Upon completion of this course the student will be able to:

1. Discuss the relationship between culture, social, geopolitical and economic issues, education with health and healthcare as observed during the student's experience in Botswana.
2. Demonstrate recognition of the major global themes resulting from social, political and economic globalization

3. Compare and contrast the approach to education and health care in Botswana and the United States.
4. Compare and contrast the concept of “community” and how it affects health in Botswana and in the United States.
5. Discuss interconnectedness as a result of globalization and its effects upon the economy of Botswana.
6. Describe the impact of this service-based experience on the student’s personal and professional growth.
7. Identify ways in which the students’ cultural awareness has been affected.
8. Illustrate an understanding of the role of communication in fostering global relationships.

TEACHING METHODS:

Discussion, Moodle, reading assignments, journaling, teaching project, post experience reflection paper and participation in the volunteer experience

METHODS OF EVALUATION:

Evaluation for this course is based upon attendance and participation at the Pre and Post Experience Meetings and full participation in the Botswana experience. A Pre Experience Assignment, a daily Reflective Journal, either written or photographic, and a Post Experience Assignment are required. Students will be provided with specific guidelines for completion of the individual Pre and Post Experience Assignments and Reflective Journal Assignment that will explore their educational experiences, through an environmental and cultural perspective. Grading rubrics will be provided for all assignments.

GRADING SCALE:

All assignments are due on or before the final class meeting as per The College of Nursing and Public Health, Adelphi University.

Participation in Pre Experience Meeting	5%
Pre Experience Written Assignment	15%
Participation in Botswana Experience	25%
Reflective Journal Assignment	20%
Participation in Post Experience Meeting	5%
Post Experience Written Assignment	30%

100%

Pre Experience Meeting: 5%

Students must complete assigned readings prior to attendance, and actively participate in the discussion of Botswana culture, socio-economic conditions, education and health care delivery systems. During this stage, students will be evaluated on attendance, preparation and participation in class. Participation will be evaluated using the Participation Rubric.

Submission of the Pre Experience Written Assignment is required.

Experience In-country: 25%

Students must attend all site experiences and actively participate in meetings on site. During this stage, students will be evaluated on attendance, preparation, and participation. Participation will be evaluated using the Participation Rubric. Daily Reflective Journaling is required.

Post Experience Meeting: 5%

Students must participate in a follow up class, during which they will demonstrate thoughtful and reflective discussion of their experiences in Botswana. During this stage, students will be evaluated on attendance, preparation, and participation in class. Participation will be evaluated using the Participation Rubric.

Submission of the Post Experience Written Assignment is required.

Pre Experience Written Assignment- 15%

Read the Course Pack that is required reading for this class and the required web sites listed in the Syllabus.

From the perspective of your own personal culture, explore what you think will be the cultural differences/similarities you will encounter in Botswana. For the purposes of this assignment the definition of culture includes language, religion, social habits, ethnicity, music and arts.

The length of paper should be 3 to 5 pages. Citations are not required as this is personal perspective essay.

The Pre Experience Written Assignment will be evaluated using the Written Assignment Rubric.

Post Experience Written Assignment- 30%

Global Societies and Interconnectedness

The intent of this assignment is to explore the impact of this experience on the students' understanding of the effects of globalization on the interconnectedness of global societies.

Before starting this assignment the students will reflect back upon their perceptions and expectations of Botswana prior to this experience. Have they changed?

Instructions:

Write a 5-7 page paper, not including cover page or reference page. Cite references from the required reading and any other resources throughout the body of the paper using the citation format appropriate to your discipline (APA, MLS etc). Include a cover page and a reference page. Submit electronically on the due date.

1. Describe how your experience and participation in Botswana have contributed to your understanding of the interconnectedness of global societies.
2. What are the advantages/strengths that global societies stand to gain from exposure to diversity resulting from globalization?

The Post Experience Written Assignment will be evaluated using the Written Assignment Rubric

Reflective Journal Assignment: 20%

Students are required to make daily journal entries. The daily activity of reflective journaling should be thoughtful, analytical, and not merely a summary of events. The journal should demonstrate critical and integrative thinking and demonstrate connections between topics and experiences.

The following questions should frame your daily reflective journal. They are included to stimulate your thinking and do not require direct answers. If you choose to do a daily photographic journal you must caption and describe your experiences through each photo.

1. What do you anticipate will be a cultural difference in Botswana?
2. What is the environmental impact of the game parks and nature reserves to the people of Botswana?
3. What type of volunteer/clinical experiences did you observe?
4. How will your experience change your approach to the community you expect to encounter in your major/ profession?
5. What were your initial expectations? Have these expectations changed? How? Why?
6. What about your community involvement has been an eye-opening experience?
7. What is your global experience that only could have occurred meeting the people of Botswana
8. What did you learn about human behaviors in environments different from yours?
9. Did the service learning and group-teaching project impact your cultural competency?

10. Describe a person you've encountered in the community who made a strong impression on you, positive or negative.
11. Do you see benefits of doing community/service learning work? Why or why not?
12. Has your view of the population with whom you have been working changed? How?
13. How has the environment and social conditions affected the people at your site?
14. What were the major differences and similarities between your own culture and that of Botswana?
15. Identify an area of focus that you would want to work on if you had a chance to return to the nation of Botswana.

The Reflective Journal Assignment will be evaluated using the Grading Rubric for Journaling.

REQUIRED READINGS:

Review the web sites and journal articles before the pre-experience meeting

Botswana: Perspectives of History, Culture and Health
(Course Pack developed specifically by the faculty for this course)

http://travel.state.gov/travel/cis_pa_tw/cis/cis_1129.html

<https://www.cia.gov/library/publications/the-world-factbook/geos/gt.html>

RECOMMENDED READINGS:

- The complete Story - History of Botswana:
<http://www.knowbotswana.com/history-of-botswana.html>.
- A Brief History of Botswana: by Neil Parsons.
<http://www.thuto.org/ubh/bw/bhp1.htm>
- Botswana Health care System:
http://www.who.int/profiles_information/index.php/Botswana:The_Health_System.
- National Health Policy Towards a Healthier Botswana.
http://www.nationalplanningcycles.org/sites/default/files/country_docs/Botswana/nhp_nov_2011_parliament.pdf.

- Botswana's 'Stunning Achievement' Against AIDS.
<http://www.npr.org/2012/07/09/156375781/botswanas-stunning-achievement-against-aids>.
- BothoK: Embassy of Botswana: Japan. Beliefs, values, and practices:
<http://www.botswanaembassy.or.jp/culture/index3.html>.
- Baylor International Pediatric AIDS Initiative in Botswana.
<http://www.bipai.org/botswana/>.
- Botswana Retired Nurse's Society. <http://www.bornus.org.bw/>.
- Images of Botswana Culture:
<https://www.google.com/search?q=botswana+culture>.
- The Millennium Development Goals for 2015.
<http://www.unctd.org/content/botswana/en/home/mdgoverview/>.

COURSE REQUIREMENTS:

1. Valid passport, visas if needed, current annual physical exam, titers, vaccinations and "travel-specific" Immunizations.
2. One pre- and one post-experience class meeting with professor.
3. Registration for the course as part of Adelphi University
4. Review the web sites before the pre-experience meetings.
5. Prepare and implement group teaching projects
6. Completion of daily journal assignment and post experience written assignment

ATTENDANCE, PUNCTUALITY and PARTICIPATION:

All students are required to attend all in class meetings, seminars, field trips and site visits and to arrive on time for all activities. Ten percent of the final course grade will be deducted for each unexcused absence. Two or more unexcused absences may result in dismissal from the class. Dismissal from the class will include return transportation expenses to the US to be paid by the student.

ACADEMIC /INTERNATIONAL CONDUCT:

It is an expectation and requirement of this course that students behave according to the culture and mores of the county of Botswana, the academic honesty policy/statement of Adelphi University and the on site rules and guidelines. Please review the policy:

<http://academics.adelphi.edu/policies/honesty.php>

DISABILITIES:

If you have a disability that may impact on your ability to carry out assigned course work, I urge you to contact the staff in the Disability Support Services Office (DSS), University Center, Room 310, and (516) 877-3145. DSS@adelphi.edu. DSS will review your concerns and determine with you, appropriate and necessary accommodations. All information and documentation is confidential.

PRE/POST CLASS SCHEDULE

	Date	Times	Topic	Reading
Prior to Pre Experience Meeting	N/A	N/A	Read Course Pack and Required Web Sites. Complete Pre Experience Written Assignment.	Course Pack and Required Web Sites.
Pre Experience Meeting	TBA	2 hours	Introduction and Planning: Bring a copy of Volunteer Guide that is included in the Course Pack for this class. Discuss perceptions of culture, socio-economics, education and health care in Botswana. Pre Experience Written Assignment due.	Course Pack
Botswana- In Country Experience	January 2018	On site	In country academic/volunteer, cultural and environmental experiences that explore the local culture, economy, history, politics, environmental issues and wildlife preservation, and educational and health care systems. Daily Reflective Journaling required	
Post Experience Meeting	TBA	2 hours	Evaluation of global experiences of Botswana through reflection and discussion. Reflective Journal due Post-Experience Written Assignment due.	

TENTATIVE PROGRAM ITINERARY- Subject To Change

Note: All Instructional sessions are to be delivered by local residents who are educated in and knowledgeable about the subject matter covered.

Note: All National Park and Game Preserve Guides are required to complete a course of study and hold a government issued license

Note: All ground transportation will be by chartered bus

DAY 1 (Sun) January 2018

10:00-1:00 PM Arrive at Sir Seretse Khama International Airport
Transfer to hotel by bus

6:00 PM Logistics, and Introductions
Safety and Security Information

7:00 PM Welcome Dinner

DAY 2 (Mon) Orientation

8:00 AM Breakfast

9:30-10:00 AM Introduction to Botswana, Gaborone, CIEE, and the University of Botswana (Instructional)

10:10-11:10 PM Botswana Customs and Etiquette (Instructional)
Adjusting to culture/culture shock
Q& A

11:30- 2:30 PM Walking tour of the University of Botswana-

12:30-1:30 PM Lunch at Moghul (On Campus)

2:00-5:00 PM Bus Tour of Gaborone City- (Three Chiefs, Old Naledi (Gaborone oldest neighborhood) and National Parliament

7.00 – 8.00 PM Dinner and Group meeting & prepare for next day

DAY 3 (Tues) Public Health Systems in Botswana

7:00 AM Breakfast

9:00-10:00 AM (Instructional)	Overview of Health Care Delivery System in Botswana
10:00-11:00 AM	Health Care Financing in Botswana (Instructional)
11:30-12:30 AM	The Link between Traditional and Modern Healthcare in Botswana (Instructional)
1:00-2:00 PM	Lunch (Traditional Food)
2:00-3:30 PM	Site Visit Princes Marina Hospital
	Site Visit Gaborone Private Hospital/ Bokamoso Private Hospital
7.00 – 8.00 PM:	Dinner and Group meeting & prepare for next day

**DAY 4 (Wed) HIV and AIDS: A National Crisis.
Response by Botswana and the Role of NGOs and the
CDC/WHO**

7:00 AM	Breakfast
9:00-10:30 AM	Overview of HIV and AIDS Response in Botswana and Challenges to Public Health Sector (Instructional) -Early Response to the HIV Epidemic-, -The National ARV Treatment Program
10:30-11:30 AM	The Role and challenges of national governmental and community based organizations in the national response (Instructional) Site Visit- Infectious Disease Care Clinic (IDCC)
12:00-1:00 PM	Lunch
1:00-2:00 PM	Retired Nurse's Society in Tlokweng Village (Hospice/Respite Care)
2:00- 5.00 PM	- Meet local leaders in Tlokweng Village to pay our respects.
7.00 – 8.00 PM	Dinner and Group meeting & prepare for next day

DAY 5 (Thurs) Pediatric HIV Care and Treatment in Botswana- A Social Issue

7:00 AM	Breakfast
9:00 -11:00 AM	The State of Pediatric and Adolescent HIV, Care, Treatment and Support in Botswana at Baylor Pediatric Center and Teen Club (Instructional)
11:30-12:30 PM	Site Visit Baylor Pediatric Center and Teen club
1:00- 2:00 PM	Lunch
2:00- 5:00 PM	National Museum and Art Gallery
7.00 – 8.00 PM	Dinner and Group meeting & prepare for next day

**DAY 6 (Fri) The Role of Diamonds and Globalization in Botswana
Economy**

7: 00 Am	Breakfast
8:00 -1 PM	Travel to and tour of Jwaneng Mine (Instructional)

1:00 PM Lunch at mine restaurant
 3:00PM Visit Thamaga Pottery on return to drive Gaborone
 7.00 – 8.00PM: Dinner and Group meeting & prepare for next day

DAY 7 (Sat) Community Engagement- Day for Interacting with the Local Population

Time TBD Activities include Shopping at Game City, Airport Junction, Kgale Hill View, River Walk
 7.00 – 8.00 PM Dinner and Group meeting & prepare for next day

DAY 8 (Sun) Mokolodi

7:00 AM Game drive and Volunteer day at Mokolodi (Instructional)
 Lunch at Mokolodi
 7.00 – 8.00 PM Dinner and Group meeting & prepare for next day

DAY 9 (Mon) Botswana Educational System (with breakout sessions specific to Disciplines informed by students' area of study)

7:00 AM Breakfast
 9:00-10:00 AM Botswana Education: Issues and Challenges (Instructional)
 10:00-11:00 AM Education of specific disciplines (Instructional)
 Examples include but are not limited to:
 Delivering patient care in Botswana: The Role of Cultural Competencies/ Culture and health care in Botswana
 11:00- 12:30 Site Visit- Institute of Health Care Science (Gaborone Campus)
 7.00 – 8.00PM Dinner and Group meeting & prepare for next day

DAY 10 (Tues) Rural Life and the Health Care System in Botswana

7:00 AM Breakfast
 9:00-11:00 Site Visit to a Kgotla to meet Chiefs (Instructional)
 Site Visit Mochudi Clinic
 11:00- 1:00 Community Engagement activity at Stepping Stone International Program for Youth: Mochudi

1:00- 2:00 PM	Lunch
2:00- 4:00 PM	Return to Gaborone
7.00 – 8.00 PM	Farewell Dinner and Group meeting & prepare for next day

DAY 11 (Wed)

7:00 AM	Breakfast
9:00- 2:00 PM	Departure for Francistown (box lunch)
2:30 PM	Check into hotel
3:30- 5:00 PM	Meet students at National Health Institute, Francistown
7.00 – 8.00 PM	Dinner and Group meeting & prepare for next day

DAY 12 (Thurs)

7:00 AM	Breakfast
9:00 - 11:00 AM	Tour of Nyangabgwe Hospital (Francistown)
12:00 PM	Depart for Kasane (box lunch)
6:00 PM	Check into Water Lily Lodge
7:00 – 8.00 PM	Dinner and Group meeting & prepare for next day

DAY 13 (Fri)**Environmental Issues and the Preservation of Wildlife**

6:00 AM	Educational Guided Tour of Chobe National Park (Instructional) (box lunch)
7:00 – 8.00 PM	Dinner and Group meeting & prepare for next day

DAY 14 (Sat)

6:00 AM (Instructional)	Educational Guided Tour of Chobe National Park continued
Early Evening	Sundowner Boat Cruise
7:00 – 8.00 PM	Dinner and Group meeting & prepare for next day

Day 15 (Sun)

Free Morning 3:00 PM	Departure for Victoria Falls, Zimbabwe
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7:00 – 8.00 PM Free day for shopping in Victoria Falls
Dinner and Group meeting & prepare for next day

Day 16

7:00 AM Breakfast
8:00 AM Victoria Falls Day trip
1:00 PM Lunch
3:00 PM Visit to Victoria Falls Hospital
7:00 – 8.00 PM Dinner and Group meeting & prepare for next day

Day 17

8:00 AM Leave for Johannesburg by air
Depart for Home (USA)

FINANCIAL ASPECTS:

Program Cost The program fee TBA. The program includes: air transportation, airport transfers, lodging in doubles and triples, cultural excursions, most meals, and international health insurance. Additional costs include a \$150 Adelphi Study Abroad Fee, a \$_____ other personal expenses. This course is considered part of the summer term and undergraduate students only pay additional tuition if they are part-time (11 credits or fewer) or go over 17 credits. Students must register for the course. ***The program fee is subject to a \$100 surcharge if there are less than 16 participants.**

Payment Timeline:

\$300 deposit upon application before ---- 2017 TBA - Final Payment Due-----
Forms available at: <http://academics.adelphi.edu/cie/forms.php> - students need to bring the deposit check into CIE office.

