



Intersession Service Learning Trip to Costa Rica

NUR 244-001

COURSE SYLLABUS

Garden City Campus

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**COLLEGE OF NURSING AND PUBLIC HEALTH
COURSE OVERVIEW**

COURSE NUMBER:	NUR 244-001
COURSE TITLE:	Intersession Service Learning Trip to Costa Rica
CREDIT HOURS:	1 credit hour elective
SEMESTER/YEAR:	Intersession 2018
ASSIGNED DATES:	January 8 – 16, 2018
FACULTY:	Marissa D. Abram and Charles E. Cal
PreREQUISITES:	Nursing Majors Only. NUR 392 & 391
CoREQUISITES:	None

COURSE DESCRIPTION:

The purpose of this one credit course is to explore the culture, socio-economic, and healthcare policies of the Costa Rica through the experiential learning process in this country through the partnership with a humanitarian organization that provides opportunities with local school, community clinics and hospitals.

Pre-experience meeting will prepare students for community and service based activities. Post-experience meeting, inclusive of debriefings while in Costa Rica will allow students an opportunity to reflect upon, evaluate and share experiences.

COURSE OBJECTIVES:

Upon completion of this course the student will be able to:

1. Discuss the interplay among culture, socio-economic issues and healthcare as observed during the student experience in Costa Rica.
2. Identify ways in which their awareness of social responsibilities has increased.
3. Describe specific skills that are important in the context of this global experience.
4. Describe the impact of this service-based experience on their personal and professional growth.

TEACHING METHODS:

Discussion, reading assignments, and active participation in the Costa Rica volunteer experience.

METHODS OF EVALUATION:

- Class attendance, Moodle Forum Discussion, and participation
- Participation in Costa Rica experience
- Participation in all on site teaching projects

Grading Scale:

Pre-Costa Rica Classroom meetings	10%
Active Participation in Costa Rica Experience	50%
Active Participation and Presentation of a Teaching Project in Costa Rica	30%
One Post-Costa Rica Class on Adelphi Campus (Experience Discussion)	10%

COURSE ACTIVITIES OUTLINE:

Pre-experience Classes:

Discussion of Costa Rica's culture, socio-economic conditions and health care. Students must complete reading assignments and participate in discussions. During this stage, students will be evaluated on attendance, preparation and participation in class.

Participation in Costa Rica Experience:

Student must attend all site experiences, all projects and meetings. Student will complete an onsite Teaching Assignment. During this stage, students will be evaluated on attendance, preparation and participation in activities and assignments.

Post-Costa Rica Experience/Return:

Students must participate in a follow up class, during which they will demonstrate thoughtful and reflective discussion of their experiences in Costa Rica. During this stage, students will be evaluated on attendance, preparation and participation in class.

REQUIRED READINGS:

Review the web sites before the pre-experience meetings.

<http://todaycostarica.com/la-carpio-may-be-costa-ricas-worst-ghetto/>

Centers for Disease Control and Prevention (CDC):

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/costa-rica>

World Health Organization: Global Health Observatory Data:
<http://www.who.int/gho/countries/cr/en/>

REQUIRED VIDEO

Costa Rican Humanitarian Foundation – Gail Nystrom’s Foundation
<https://www.youtube.com/watch?v=roBF0zmdaHQ>

COURSE REQUIREMENTS:

1. Valid passport, current annual physical exam, titers, vaccinations and "travel-specific" Immunizations (if any).
2. Pre conference and one post-experience class meeting with professors.
3. Completion and submission of course work via Moodle and Discussion Forum
4. Intersession on site in Costa Rica.
5. Registration for the course as part of Adelphi University.
6. Completion of all activities and assignments

ACADEMIC / COSTA RICA CONDUCT:

It is an expectation and requirement of this course that students act in accordance with the academic honesty policy/statement of Adelphi University and the host-country rules and guidelines. Further information on expectations will be discussed in class during the meetings.

Students must abide by the honesty statements (See below and <http://academics.adelphi.edu/policies/honesty.php>) and the *Code of Ethics* of Adelphi University (See <http://academics.adelphi.edu/policies/ethics.php>), as well as the *Code of Ethics for Nurses with Interpretive Statements* (ANA, 2001) (See the *Handbook*)

Adelphi University Code of Academic Honesty

The code of academic honesty prohibits behavior, which can broadly be described as lying, cheating, or stealing. Violations of the code of academic honesty will include, but are not limited to, the following:

1. Fabricating data or citations
2. Collaborating in areas prohibited by the professor
3. Unauthorized multiple submission of work
4. Sabotage of others’ work, including library vandalism or manipulation
5. Plagiarism: presenting any work as one’s own that is not one’s own
6. The creation of unfair advantage
7. The facilitation of dishonesty
8. Tampering with or falsifying records

9. Cheating on examinations through the use of written materials or giving or receiving help in any form during the exam, including talking, signals, electronic devices, etc. (<http://academics.adelphi.edu/policies/honesty.php>)

Inappropriate behaviors will not be tolerated.

DISABILITY POLICY FOR ADELPHI UNIVERSITY:

Adelphi University is committed to the success of all its students. If you have a disability that may significantly impact your ability to carry out assigned coursework, please contact the Student Access Office (SAO) at [516-877-3806](tel:516-877-3806) or send an email to sao@adelphi.edu. The staff will review your concerns and determine, with you, appropriate and necessary accommodations. Please allow for a reasonable time frame for requesting ASL Interpreters or Transcription Services.

CLASS SCHEDULE (Subject to Change)

Meetings 1 and 2	In-class meetings	<ul style="list-style-type: none"> • Overview of the Itinerary and examples from past experiences • Review of syllabus • Discussion of required readings • Discussion of web site information • Discussion of education assignments • Discussion of culture, socio-economic, cultural competency and health care of Costa Rica. • Discuss progress on education projects and status of humanitarian supplies for trip.
Meeting 3	On-line via Moodle Discussion Forum	<ul style="list-style-type: none"> • Finalize all travel arrangements • Rehearse Educational Projects - Puppet Shows, performance, etc.
Post Experience Meeting	In class meeting	<ul style="list-style-type: none"> • Reflection and evaluation of global experiences while in Costa Rica

ADELPHI CONTACT INFORMATION:

Shannon Harrison, Director, Office of International Education (516) 877-3486

sharrison@adelphi.edu ; cie@adelphi.edu

Professors Notes: The team activities will be completed by incorporating student inquiry and student-led objectives into the final product. The topics are selected based on the objectives of the service learning syllabus aligned with the humanitarian organization that we are working with in Costa Rica.

The aim of having students play the primary role of helping to develop their own learning opportunities, objectives and goals, are that the professors leading this trip values the students inquisitiveness and development, but strongly believe that it is in the students best interest that they are at the center of their investigation and discovery, while creating habits that will foster and stimulate their continued growth. Ultimately, we seek to generate more engaged student who are willing to serve society while continuing to be at the center of developing their future.

Costa Rica Group Teaching Assignments

Assignments = 30%

Students will work in groups of three to prepare and present a Teaching Assignment from the list below. Teaching Assignments and accompanying teams will be randomly selected.

1) Costa Rican Healthcare Juxtaposed: From Clinic to Medical Tourism

Work with your group to research the various healthcare institutions that you will be visiting while in Costa Rica. They include a clinic, a public hospital, and a medical tourism hospital. Compare and contrast the various levels of the health system, while being cognizant of the realities of the local environment and culture

2. The WHO Sustainable Development Goals: Sustainable Practices and Farming

Work with your group to research the WHO Sustainable Development Goals (SDG) and be prepared to discuss the goals including the various challenges faced by the people of Costa Rica, specifically La Carpio in their reality. What are some of the realities that they currently face and what are some opportunities that are available to future generations? Consider the challenges that will be faced by the people in La Carpio and Costa Rica, as a whole prior to 2030.

3. Exercise Program for the Children and the use of Dance as a method to spread the message of health.

Work with your group to research the link among exercise, health and wellbeing. Consider dance as a method of self-expression but also as a form of activity that can be utilized to bring communities together. Consider the challenges of the La Carpio people and how they might be able to practically include dance as an activity in their daily lives.

4. Nutrition needs of the community linked to a cooking activity for families

Work with your group to research the link between foods for nutrition versus cooking as an activity. Explore how to prepare and eat healthy meal within the context of limited resources and cultural preferences of the local population. Consider an appropriate menu for the population and be prepared to assist with cooking and serving a meal.

5. Indigenous Indians, protection, human rights and their future: Is it sustainable?

Work with your group to explore the challenges of the indigenous Indians of Costa Rica in preparation for the trip to visit the Cabecar Indians. Research their rights as a people and the challenges that they face as it relates to tourism, technology, and health. What does their future hold?



STUDENT ACKNOWLEDGEMENT:

I HAVE RECEIVED AND READ THE SYLLABUS AND REVIEWED THE MOODLE FOR THE [N244-001] CLASS.

SIGNED: _____

PRINT NAME: _____

DATE: _____

***This page must be signed and returned to the instructor to receive a complete grade in this course.