

## **Northern Lights: Illuminating Norwegian Culture, Environment & School Connections**

Draft Itinerary  
March 8 – March 16, 2019

### **EMERGENCY CONTACT INFORMATION**

<b>Adelphi Public Safety</b> (available 24/hours) 1 (516) 877-6870  <b>Center for International Education</b> (516) 877-3487 cie@adelphi.edu	<b>U.S. Embassy in Oslo, Norway</b> Morgedalsvegen 36, 0378 Oslo Norway Phone: +47 21 30 85 40  <b>Emergency Assistance Number in Norway</b> 112
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### **FACULTY LEADER CONTACT INFORMATION**

<b>Mary Jean McCarthy</b> Clinical Associate Professor School of Education mccarthy2@adelphi.edu U.S. Cell: 516 732 0941	<b>Robert Linné</b> Professor, School of Education linne@adelphi.edu U.S. Cell: 917 912 6758
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### **LODGING**

#### **Tromsø Camping and Lodging**

<https://tromsolodgeandcamping.no/en/>

Arthur Arntzens Veg 10, 9020 Tromsdalen, Norway  
Phone: +47 77 63 80 37

Cabins built 2014, free Wi-Fi, full kitchens, small living room, modern bathroom.

### **MEALS**

A light Norwegian breakfast (e.g. fruits, juice, coffee/tea, lox, smoothies, cheeses, meats, bread, and croissants) is included in the cost of lodging. Students are responsible for all lunches and dinners, unless indicated on the itinerary. There is a limited selection of restaurants near the lodging including the University cafeteria, a local pub and a 24-hour grocery store. Cabins are equipped with a kitchen so students can purchase groceries and cook meals.

## DAILY SCHEDULE

### Friday, March 8

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TBD	Arrive at JFK or NYC City area airport and check in
Evening	TBD flight departs USA for Oslo and connecting flight to Tromsø, Norway

### Saturday, March 9

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TBD	Arrive in Oslo International Airport <i>Students should change money at the Oslo airport or bring NOK because they will need to pay for a taxi upon arrival.</i>
Dinner	Students eat dinner on their own in the Oslo Airport.
Evening	Arrive in Tromsø Airport
TBD	Transportation to Lodging <i>Students will travel in small groups via public taxis from the airport to the lodging. The estimated cost is 200NOK (US\$25), which will be paid by the students.</i>
TBD	Check-in to Cabins

#### **Tromsø Camping and Lodging**

<https://tromsolodgeandcamping.no/en/>

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Phone: +47 77 63 80 37

### Sunday, March 10

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Breakfast	Students eat breakfast provided by lodging on their own.
TBD	<b>Visit Tromsø University Museum</b> <i>Students walk as a group from the lodging (10 mins). Students pay for museum entry ticket about 60NOK (US\$7).</i>
Lunch	Students eat lunch at their own expense in the museum café.
TBD	Return to the lodging to rest.
TBD	<b>Depart for Sami Camp</b> <i>Students will take a tour of the Lyngen Alp Mountains and participate in reindeer sledding. Bus ride estimated to take 45 minutes. Students will eat dinner as a group at the Sami Camp and the cost is included in the program.</i>

### Monday, March 11

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Breakfast	Students eat breakfast provided by lodging on their own.
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TBD	<b>School Visit to Tusseladden Friluftsbarnhage Kindergarten in Tromsø</b> <i>Group will travel to the school via public bus. A pre purchased day ticket costs (valid for 24 hours) costs NOK 100=\$12.25</i> <a href="https://www.visittromso.no/en/City%20Buses">https://www.visittromso.no/en/City%20Buses</a>
Lunch	Adelphi students join kindergarten students for lunch. <i>Adelphi students should buy lunch at the local supermarket to bring with them.</i>
TBD	Depart kindergarten via public bus and return to the lodging
TBD	<b>School Visit to University of Tromsø</b> <i>Group travels by bus to University of Tromsø. Students will meet with professors &amp; students at Breivika Campus and discuss education system in Long Island/NY/USA/Norway/Europe.</i>
Dinner	Students eat dinner on their own and at their own expense.
7:00pm	<b>Northern Lights Tour</b> <i>Seven hour Artic nature tour outside of Tromsø</i>

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## Tuesday, March 12

Breakfast	Students eat breakfast provided by lodging on their own.
Free Morning	Students have a free morning to rest after the late night.
Lunch	Students eat lunch on their own and at their own expense.
TBD	Meet in lodging lobby to take public bus to school visits.
TBD	<b>School Visits: Group 1: Sommerlyst Kkole Middle School</b> <b>Group 2: Kongsbakken Upper Secondary School</b>
Dinner	Students eat dinner on their own and at their own expense.

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## Wednesday, March 13

Breakfast	Students eat breakfast provided by lodging on their own.
TBD	Meet in lodging lobby to take private bus to Brensholmen and Sommaroy <i>Torghatten bus will take approximately 1.5 hours</i>
TBD	<b>School Visit to Hillesoysskolen School</b>
Lunch	Students eat at their own expense at the student cafeteria.
Dinner	Group Dinner in Sommaroy <i>The cost of this meal is included in the program.</i>

## Thursday, March 14

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Breakfast	Students eat breakfast provided by lodging on their own.
TBD	Meet in lodging lobby to take Tromsø University bus to TBD rural school
TBD	<b>District School Visit</b> <i>Professor Annfrid Steele and UiT students will accompany the group. Students will eat lunch at their own expense in the school cafeteria.</i>
TBD	Return to lodging
Dinner	Students eat dinner on their own and at their own expense.

## Friday, March 15

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Breakfast	Students eat breakfast provided by lodging on their own.
TBD	Meet in lodging lobby to take bus
TBD	<b>Morning Excursion: Students participate in one of the following activities: cross country skiing, ice fishing or whale watching</b> <i>The cost of these excursions is not included in the program fee and students pay at their own expense. Estimated costs in USD: 5-hour whale tour (\$160); cross country skiing (\$38); ice skating (\$8); cable car (\$23).</i>
Lunch	Students eat lunch at their own expense
TBD	<b>Discussion/Debrief/Social Time with UiT students &amp; faculty</b>
TBD	Group Farewell Dinner <i>This meal is included in the program cost.</i>

## Saturday, March 16

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Breakfast	Students eat breakfast provided by lodging on their own.
TBD	Check out of Lodging
TBD	Return flight to USA
TBD	Students travel in small groups via public taxi to Tromsø Airport
TBD	Flight departs from Tromsø to NYC area airport