



# Service Learning in Guatemala

Itinerary January 12 – 19, 2019

## **EMERGENCY CONTACT INFORMATION**

U.S. Embassy in Guatemala City

Avenida Reforma 7-01, Zona 10

Phone: 502-2326-4000

**Emergency Assistance Number** 

Police 110

Ambulance & Fire 123

Adelphi Public Safety (available 24/hours)

(516) 877-3511

**Center for International Education** 

(516) 877-3487 <u>cie@adelphi.edu</u>

## **FACULTY CONTACT INFORMATION**

Ani Jacob

Clinical Assistant Professor College of Nursing and Public Health U.S. Cell: (516) 851-3404 ajacob@adelphi.edu **TBD** 

College of Nursing and Public Health U.S. Cell:

#### MAYAN FAMILIES CONTACT INFORMATION

Mayan Families, Volunteer Coordinators

Adam Hicks +502 5010-8152 Dylan Colburn +502 3223-3507 volunteercoordinator@mayanfamilies.org Juan

Mayan Families, Guide for Chichicastengo Whatsapp 502 4168 3640

**Transportation Manager Oswaldo** 

+502 40523584

**General Manager** 

Don Julio +502 3134-9953 julio@mayanfamilies.org

Director of Operations

Ana Givaudan <u>+5215533994249</u> (Mexican number) operations@mayanfamilies.org

#### LODGING

Las Camelias Inn

3a Calle Oriente no 19 Antigua, Guatemala Tel: (011) 502 7832-5780 http://cameliasinnantigua.com Cacique Inn

Calle del Embarcadero zona 2 Sololá, Panajachel Tel: (011) 502 7762-1205 www.caciqueinn.com

#### **MEALS**

Most meals are included in the program cost, unless specifically indicated on the itinerary.

# **DAILY SCHEDULE**

Saturday, January 12	Travel to Guatemala
TBD	Arrive at JFK Airport. Students go through check-in and security. Meet the group at the gate.  Adelphi has reserved a ticket block for all students. A copy of your ticket is in your orientation folder. Students are responsible for their own transportation to JFK Airport.
6:30am	Group Flight (American 2268) departs from JFK to Miami.
10:55am	Connecting Group Flight (American 2241) Miami to GUA
12:49pm	Flight arrives in Guatemala City
	<b>Transfer to Antigua by Mayan Families</b> A representative from Mayan Families will meet the group at the baggage claim and lead the group to the bus. It will take about an hour to drive to Antigua.
3:00pm	Check into Hotel
	Las Camelias Inn 3a Calle Oriente no 19 Antigua, Guatemala Tel: (011) 502 7832-0384 http://cameliasinnantigua.com/
6:00pm	Orientation Review Expectations
6:30pm	Group Dinner Faculty will make arrangements for a group dinner upon arrival.

\*\*\*\*If students are interested in volcano or Choco Museo, make arrangements upon arrival in Antiqua. The front desk can assist with these arrangements.

Sunday, January 13	Free Day in Antigua
Breakfast	Students eat the complimentary hotel breakfast on their own.
Free Day	Students are on their own to explore Antigua. Optional volcano hike (\$45/person) Optional Choco Museo (Full day tour \$25 or workshop \$23)
Lunch & Dinner	Students eat on their own and at their own expense.

Monday, January 14 Visit to Chichicastengo & Arrival in Pana **Breakfast** Students eat the complimentary hotel breakfast on their own and check out of hotel 9:00am Meet bus for transport to Pana Be ready to go with your luggage. The ride to Pana will take approximately 2 hours. A representative from Mayan Families will be your guide for Chichicastengo. 12:00pm Visit to Chichicastengo Traditional group lunch (St. Thomas Hotel), church and cemetery. Travel to Pana and Hotel Check-in 4:00pm Cacique Inn Calle del Embarcadero zona 2. Sololá, Panajachel +502 7762-1205 info@caciqueinn.com www.caciqueinn.com 5:30pm **Focus Group** Adelphi professors lead a discussion session to discuss the day's activities. 6:30pm Welcome Dinner provided by Mayan Families Students will be picked up at the hotel Tuesday, January 15 Work Day in San Antonio **Breakfast** Students eat the complimentary hotel breakfast on their own. 8:45am Meet Mayan Families Representative in Hotel Lobby Will visit the Village of San Antonio and install stoves, donated by Adelphi University, in local homes. Students will receive a tutorial from Mayan Families on stove installation, learn about the history of San Antonio, and speak with the families. Lunch Group Lunch in San Antonio provided by Mayan Families **Afternoon** Introduction to Mayan Families Education Program Hunter Kennedy Program Manager 5:45pm **Focus Group** Adelphi professors lead a discussion session to discuss the day's activities. 6:30pm **Group Dinner at Atlantis** Students will walk to restaurant and be met by Mayan Families representatives.

Work Day in Pana & San Jorge

Wednesday, January 16

Breakfast Students eat the complimentary hotel breakfast on their

own.

8:45am Meet Mayan Families Representative in Hotel Lobby

Morning Introduction to Mayan Families

Students will receive a tour of the offices and hear presentations from program managers about the various facets of Mayan

Families' work.

12:00pm Transport to San Jorge

Lunch Group Lunch in San Jorge provided by Mayan Families

Group will dine in the Mayan Families Elderly Nutrition Center with members of the community to hear their stories and learn about

Mayan Families' nutrition program.

Afternoon Introduction to Healthcare in Guatemala

**Tatiana Petrovick**, Medical Program Manager for Mayan Families **Ana Cecilia Yach Sabuyuc**, Mayan Families Employee and Midwife

Visit and Tour of Charlie Gomez Medical Clinic

5:45pm Focus Group

Adelphi professors lead a discussion session to discuss the day's

activities.

6:30pm Group Dinner provided by Mayan Families at Jose Pinguinos

Students will walk to restaurant and be met by Mayan Families

representatives.

Thursday, January 17 Work Day in El Barranco

Breakfast Students eat the complimentary hotel breakfast on their

own.

8:30am Meet Mayan Families Representative in Hotel Lobby

Will visit the Village El Barranco and install stoves, donated by

Adelphi University, in local homes.

Lunch Group Lunch in El Barranco provided by Mayan Families

Free Afternoon Students are on their own to explore Pana.

Optional zip-lining (approximately \$30) at the Atitlan Nature Reserve. http://atitlanreserva.com

5:45pm Focus Group

Adelphi professors lead a discussion session to discuss the day's

activities.

6:30pm Group Dinner provided by Mayan Families at El Patio

Students will walk to restaurant and will be met by Mayan Families

representatives.

Friday, January 18	Work Day in Tierra Linda
Breakfast	Students eat the complimentary hotel breakfast on their own.
8:45am	Meet Mayan Families Representative in Hotel Lobby Students will travel to the village of Tierra Linda and conduct activity with pre-school students at a local school. Students will also install stoves, donated by Adelphi University, in local homes.
Lunch	Group Lunch in Tierra Linda provided by Mayan Families
Afternoon	Firehouse Visit
5:45pm	Final Wrap Up Meeting Adelphi professors lead a final discussion session
6:30pm	Farewell Group Dinner provided by Mayan Families Students will be picked up at the hotel and transported to the home of Mayan Families Founders, Dwight and Sharon Page.
Saturday, January 19	Return to USA
Breakfast	Students eat the complimentary hotel breakfast on their own and check out of hotel.
7:30am	Meet in hotel lobby for transport to Guatemala City airport. Be ready to go with your luggage. It will take about 3.5 hours to drive to the airport, and could be longer with traffic.
11:30pm	Arrival at Guatemala City Airport & Check-in
Lunch	Students eat lunch on their own at the airport and at their own expense.
1:44pm	Group Flight (American 2359) departs from Guatemala City for Miami
	Adelphi has reserved a ticket block for all students
7:25pm	Connecting Group Flight (American 1142) Miami to JFK
10:29pm	Arrive at JFK Airport Students are responsible for their own transportation home from JFK Airport.